

WORKSHOP

ELDERCARE IN TRANSITION: AGEING AMIDST MULTIPLE CRISES IN VIENNA AND SINGAPORE

Organisers: Dr. Monika Palmberger, Dr. Barbara Götsch, Chloe Ng

University of Vienna; Austrian Science Fund;

in cooperation with

Sigmund Freud Private University Vienna

and the Centre for Family and Population Research, National University of Singapore

时间	MONDAY 星期一	TUESDAY 星期二	WEDNESDAY 星期三	THURSDAY 星期四	FRIDAY 星期五
Morning 上午	 Art & Craft 手工绘画 10am – 12pm	 Exercise Corner 运动角 9am – 12pm	 Happy Programme 开心运动 9:15am – 12:15pm	 Exercise Corner 运动角 9am – 12pm	 Malay Dance 马来舞蹈 10am – 12pm
Afternoon 下午	 Karaoke Session 卡拉OK	 Bingo Game 宾果游戏 2pm – 4pm	 Music & Movement 音乐律动 2pm – 3pm	 Ukulele Session 学习尤克里里 2:30pm – 3:30pm	 Rummy-O Board Game 玩桌游 2pm – 4pm



July 29, 2026

National University of Singapore (NUS)